

MED HEALING LLC

NOTICE OF PRIVACY PRACTICES

Effective Date: August 1, 2026

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED, YOUR RIGHTS REGARDING YOUR PROTECTED HEALTH INFORMATION, AND HOW YOU MAY OBTAIN ACCESS TO THAT INFORMATION.

PLEASE REVIEW THIS NOTICE CAREFULLY.

OUR COMMITMENT TO YOUR PRIVACY

Med Healing LLC ("Med Healing," "Practice," "we," "our," or "us") is committed to maintaining the privacy, confidentiality, integrity, and security of your Protected Health Information ("PHI"). We recognize that your medical information is personal and confidential, and we are dedicated to protecting it in accordance with all applicable federal and state laws.

This Notice is provided pursuant to the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), the HIPAA Privacy Rule (45 C.F.R. Parts 160 and 164), the HIPAA Security Rule, the HIPAA Breach Notification Rule, the Health Information Technology for Economic and Clinical Health (HITECH) Act, and other applicable federal and state privacy laws governing healthcare and telehealth services.

This Notice explains:

- Our legal duties regarding your health information.
 - How we may use and disclose your PHI.
 - Circumstances under which your authorization is required.
 - Your rights concerning your medical information.
 - Our obligations to safeguard your information.
 - How to exercise your rights or file a complaint.
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DEFINITIONS

For purposes of this Notice:

Protected Health Information (PHI) means individually identifiable health information maintained or transmitted in any form or medium, including electronic, paper, oral, photographic, audio, or digital formats.

Electronic Protected Health Information (ePHI) refers to PHI created, stored, transmitted, or maintained electronically.

Treatment means the provision, coordination, or management of healthcare and related services.

Payment includes activities undertaken to obtain or provide reimbursement for healthcare services.

Healthcare Operations include administrative, quality improvement, compliance, credentialing, auditing, education, licensing, accreditation, and business management activities.

OUR LEGAL DUTIES

Med Healing LLC is required by law to:

- Maintain the privacy of your PHI.
- Protect the confidentiality, integrity, and availability of electronic PHI.
- Provide you with this Notice of Privacy Practices.
- Notify you following certain breaches of unsecured PHI as required by applicable law.
- Abide by the terms of this Notice while it remains in effect.

We reserve the right to amend this Notice at any time. Revised Notices will apply to all PHI maintained by Med Healing LLC and will be posted on our website and made available upon request.

HOW WE MAY USE AND DISCLOSE YOUR PROTECTED HEALTH INFORMATION

Unless otherwise required by law, we may use or disclose your PHI without obtaining your written authorization for the following purposes:

Treatment

We may use or disclose your PHI to diagnose, evaluate, monitor, and treat your medical condition. This includes consultation with physicians, nurse practitioners, specialists, laboratories, imaging facilities, pharmacies, hospitals, and other healthcare providers involved in your care.

Payment

Although Med Healing LLC operates as a direct-pay medical practice and does not participate with commercial insurance plans, your information may be used to process payments, issue invoices or receipts, collect outstanding balances, verify transactions, prepare financial records, or provide documentation requested by you.

Healthcare Operations

We may use PHI for activities including:

- Quality assessment and performance improvement
 - Clinical peer review
 - Risk management
 - Medical education
 - Compliance monitoring
 - Credentialing and licensing
 - Accreditation
 - Internal auditing
 - Fraud prevention
 - Practice administration
 - Business planning
 - Information technology management
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USES AND DISCLOSURES REQUIRED OR PERMITTED BY LAW

We may disclose PHI without your authorization when required or permitted by law, including:

- Public health reporting
- Communicable disease reporting
- Child or elder abuse reporting
- FDA reporting
- Health oversight activities
- Judicial proceedings
- Law enforcement requests
- Organ and tissue donation
- Coroner or medical examiner investigations
- Workers' compensation
- Military and national security activities
- Correctional institutions
- Disaster relief organizations
- To avert a serious threat to health or safety

All disclosures will be limited to the extent required or permitted by applicable law.

BUSINESS ASSOCIATES

Certain services provided on behalf of Med Healing LLC may be performed by third-party vendors or Business Associates.

Business Associates may include secure telehealth platform providers, electronic medical record vendors, billing vendors, cloud hosting providers, technology support companies, transcription services, and other contractors.

Each Business Associate is contractually required to safeguard PHI in accordance with HIPAA and applicable law.

TELEHEALTH PRIVACY

Med Healing LLC provides healthcare services through secure electronic communication technologies.

Telehealth services may involve:

- Live video communication
- Secure audio communication
- Secure electronic messaging
- Electronic review of diagnostic information
- Electronic transmission of prescriptions when clinically appropriate

Although Med Healing LLC utilizes commercially reasonable administrative, technical, and physical safeguards designed to protect your PHI, no electronic communication system or internet transmission can be guaranteed to be completely secure.

Patients are encouraged to participate from a private location, maintain secure devices, protect passwords, avoid public wireless networks whenever possible, and promptly report suspected unauthorized access.

MINIMUM NECESSARY STANDARD

Except when disclosure is made for treatment, to you, pursuant to your written authorization, or as otherwise permitted by law, Med Healing LLC limits the use, disclosure, and request of PHI to the minimum amount reasonably necessary to accomplish the intended purpose.

USES REQUIRING YOUR WRITTEN AUTHORIZATION

Except where otherwise permitted by law, your written authorization is required before we may:

- Use or disclose PHI for most marketing purposes.
- Sell your PHI.
- Disclose psychotherapy notes, where applicable.
- Make other disclosures not otherwise permitted by HIPAA.

You may revoke an authorization in writing at any time to the extent we have not already relied upon it.

YOUR RIGHTS REGARDING YOUR HEALTH INFORMATION

You have the right to:

Inspect and Obtain Copies

Request access to or copies of your medical records, subject to applicable legal limitations.

Request Amendments

Request correction or amendment of inaccurate or incomplete information.

Request Restrictions

Request restrictions on certain uses or disclosures of your PHI. Although we will consider all requests, we are not required to agree except where required by law.

Confidential Communications

Request communications by alternative means or alternative locations.

Accounting of Disclosures

Request an accounting of certain disclosures made outside treatment, payment, and healthcare operations.

Receive a Paper Copy

Obtain a paper copy of this Notice at any time, even if you previously agreed to receive it electronically.

Receive Breach Notification

Be notified following certain breaches involving your unsecured PHI as required by applicable law.

ELECTRONIC COMMUNICATIONS

By establishing care with Med Healing LLC, you acknowledge that administrative communications may occur electronically, including appointment reminders, scheduling notices, billing information, patient portal communications, and other practice-related correspondence.

Electronic communications should not be used to report medical emergencies.

RECORD RETENTION

Med Healing LLC retains medical records for the period required by applicable federal and state law, after which records may be securely destroyed in accordance with established record retention policies.

SECURITY SAFEGUARDS

Med Healing LLC maintains administrative, physical, and technical safeguards designed to protect electronic and paper medical records, including workforce training, role-based access controls, secure authentication procedures, encryption where appropriate, audit logging, and secure disposal of confidential information.

PATIENT RESPONSIBILITIES

Patients are responsible for providing accurate information, promptly notifying the Practice of changes to demographic information, safeguarding personal login credentials, participating from an appropriate private environment whenever reasonably possible, and reporting suspected unauthorized access to their medical information.

STATE LAW

Where state privacy laws provide greater protections than HIPAA, Med Healing LLC will comply with the more protective legal standard applicable to your care.

Because Med Healing LLC may provide services in multiple jurisdictions, applicable state law may affect the handling, disclosure, retention, or release of your PHI.

CHANGES TO THIS NOTICE

Med Healing LLC reserves the right to revise this Notice at any time. Revised versions will apply to all PHI maintained by the Practice and will be made available on our website and upon request.

QUESTIONS OR COMPLAINTS

If you have questions regarding this Notice or believe your privacy rights have been violated, you may contact the Privacy Officer for Med Healing LLC.

You may also file a complaint with:

**U.S. Department of Health and Human Services
Office for Civil Rights**

You will not be retaliated against or denied care for filing a complaint.

CONTACT INFORMATION

Privacy Officer
Med Healing LLC

Address: _____

Telephone: _____

Email: _____

Website: _____

ACKNOWLEDGMENT OF RECEIPT

I acknowledge that by booking a service with Med Healing LLC, I have received, or have been provided the opportunity to review, the Med Healing LLC Notice of Privacy Practices. I understand that this Notice

describes how my Protected Health Information may be used and disclosed, my rights under HIPAA and applicable law, and Med Healing LLC's legal responsibilities regarding my information.