

MED HEALING LLC

PRESCRIPTION AND MEDICATION REFILL POLICY

Effective Date: August 1, 2026

OUR COMMITMENT TO SAFE, RESPONSIBLE, AND EVIDENCE-BASED PRESCRIBING

Med Healing LLC is committed to providing safe, ethical, and evidence-based medical care. Prescription medications are prescribed only when medically appropriate and when, in the independent professional judgment of the treating physician or healthcare provider, the anticipated benefits outweigh the potential risks.

Our prescribing practices are guided by current clinical guidelines, accepted standards of medical practice, applicable federal and state laws, and professional licensure requirements.

By scheduling, booking, purchasing, or participating in services through Med Healing LLC, you acknowledge that you have read, understand, and agree to this Prescription and Medication Refill Policy.

1. GENERAL PRESCRIBING POLICY

Medical treatment is individualized.

The decision to prescribe medication, authorize a refill, recommend over-the-counter treatment, or recommend no medication at all is made solely by the treating physician or healthcare provider after consideration of the patient's:

- Medical history
- Current symptoms
- Physical limitations of telehealth
- Allergies
- Medication history
- Clinical presentation
- Available medical records
- Applicable treatment guidelines
- State and federal prescribing laws

Patients acknowledge that completion of a telehealth consultation does **not** guarantee:

- A prescription
- A medication refill

- Antibiotics
- Antiviral medications
- Steroids
- Pain medication
- Controlled substances
- Laboratory testing
- Imaging
- Medical documentation

Not every medical condition requires prescription medication, and in many cases supportive care, monitoring, or referral for in-person evaluation may represent the safest and most appropriate treatment.

2. PROFESSIONAL CLINICAL JUDGMENT

All prescribing decisions are based exclusively upon the independent medical judgment of the treating physician or healthcare provider.

Patients may not dictate, demand, negotiate, or otherwise influence clinical prescribing decisions.

The provider may decline to prescribe any medication when, in the provider's professional judgment:

- The medication is not medically indicated.
- Additional evaluation is necessary.
- The diagnosis cannot be reasonably established through telehealth.
- Patient safety would be compromised.
- Prescribing would violate accepted standards of care.
- Prescribing would violate federal or state law.
- The requested medication is inappropriate for virtual management.

The provider's clinical judgment is final.

3. MEDICATIONS NOT PRESCRIBED THROUGH MED HEALING LLC TELEHEALTH SERVICES

For patient safety and in accordance with the scope of Med Healing LLC's virtual practice model, the following medications **are not prescribed, initiated, or refilled through telehealth consultations**:

Controlled Substances

Including, but not limited to:

- Opioid pain medications

- Benzodiazepines
- Narcotic analgesics
- Schedule II, III, IV, or V controlled substances when prohibited by Practice policy

Examples include, but are not limited to:

- Oxycodone
- Hydrocodone
- Morphine
- Tramadol
- Alprazolam (Xanax)
- Clonazepam (Klonopin)
- Diazepam (Valium)
- Lorazepam (Ativan)

Stimulant Medications

Med Healing LLC does **not** prescribe or refill stimulant medications used for attention-deficit disorders or other conditions.

Examples include:

- Adderall®
- Vyvanse®
- Concerta®
- Ritalin®
- Focalin®
- Dexedrine®

Patients requiring stimulant therapy should establish ongoing care with an appropriate primary care physician or specialist who provides comprehensive longitudinal management.

Weight Loss Medications

Med Healing LLC does **not** prescribe, initiate, refill, or manage prescription medications intended primarily for weight management through virtual consultations.

Examples include, but are not limited to:

- Semaglutide (Ozempic®, Wegovy®)
- Tirzepatide (Mounjaro®, Zepbound®)
- Liraglutide (Saxenda®)
- Phentermine
- Phentermine/Topiramate (Qsymia®)

- Naltrexone/Bupropion (Contrave®)
- Orlistat (Xenical®)

Patients seeking pharmacologic weight management should establish care with a provider or program offering comprehensive obesity management and appropriate follow-up.

4. MEDICATION REFILLS

Prescription refills are **not automatic**.

Each refill request is evaluated individually.

A refill may require:

- A scheduled telehealth appointment.
- Updated medical history.
- Review of outside medical records.
- Laboratory testing.
- In-person evaluation.
- Consultation with another healthcare provider.

Refill requests submitted without appropriate clinical follow-up may be declined.

Patients are responsible for requesting refills before their medication supply is exhausted.

5. ANTIBIOTIC STEWARDSHIP

Antibiotics are prescribed only when there is reasonable clinical evidence of a bacterial infection.

Antibiotics will **not** be prescribed solely because a patient requests them or has previously received them for similar symptoms.

Many viral illnesses—including the common cold, influenza, COVID-19, and most cases of viral pharyngitis or bronchitis—do not benefit from antibiotic therapy.

6. LIMITATIONS OF TELEHEALTH PRESCRIBING

Because telehealth does not permit a comprehensive physical examination, certain conditions cannot be safely evaluated or treated through virtual care.

The provider may determine that prescription therapy is inappropriate until additional evaluation has been completed.

Patients may be referred for:

- In-person primary care evaluation
 - Urgent care evaluation
 - Emergency department evaluation
 - Specialist consultation
 - Laboratory testing
 - Diagnostic imaging
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7. FALSE OR MISLEADING INFORMATION

Patients shall not knowingly provide false, incomplete, or misleading medical information for the purpose of obtaining prescription medications.

Examples include:

- Misrepresenting symptoms.
- Falsifying medication history.
- Concealing allergies.
- Providing inaccurate medical records.
- Misrepresenting identity or location.

Such conduct may result in immediate termination of the telehealth visit and dismissal from the Practice.

8. PHARMACY POLICY

Prescriptions, when issued, will generally be transmitted electronically to the patient's designated pharmacy in accordance with applicable law.

Med Healing LLC is not responsible for:

- Pharmacy inventory shortages.
- Pharmacy processing delays.
- Insurance coverage determinations.
- Medication pricing.
- Prior authorization requirements imposed by insurers.

Patients are responsible for confirming pharmacy availability and any associated medication costs.

9. NO GUARANTEE OF PRESCRIPTION

Booking an appointment, paying for a consultation, or participating in a telehealth visit does **not** create any expectation or guarantee that medication will be prescribed.

The medical evaluation itself is the professional service being provided.

The outcome of that evaluation may include:

- Prescription medication.
 - Over-the-counter recommendations.
 - Lifestyle modifications.
 - Observation.
 - Referral for additional testing.
 - Referral for in-person care.
 - Referral to a specialist.
 - No medication at all.
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10. ACKNOWLEDGMENT

I acknowledge that I have read and understand the Med Healing LLC Prescription and Medication Refill Policy.

I understand that:

- Prescriptions are issued only when medically appropriate.
- Prescription decisions are made solely at the professional discretion of the treating physician or healthcare provider.
- Completion of a telehealth consultation does **not** guarantee that medication will be prescribed.
- Med Healing LLC does **not** prescribe or refill stimulant medications, controlled substances, or prescription weight-loss medications through its virtual telehealth services.
- Medication refill requests may require an additional medical evaluation.
- I agree to comply with this Policy as a condition of receiving care through Med Healing LLC.